

### KS3 PE Curriculum Map (Year A/B/C)

Commencing: September 2025

Assessment and Progress						
Assessment in PE is mainly formative and based on observation of pupils' participation, skill development and teamwork. Progress is demonstrated through improved physical skills, increased confidence, and the ability to apply rules and techniques in a range of activities. Evidence is gathered through teacher observation, pupil reflection and performance over time.						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A / Core 1	Health & fitness	Football	Tennis	Dodgeball	Cricket	Team building game & outdoor adventures.
Year B / Core 2	Health & fitness	Football	Tennis	Dodgeball	Cricket	Team building game & outdoor adventures.
Year C / Core 3	Health & fitness	Football	Tennis	Dodgeball	Cricket	Team building game & outdoor adventures.