

KS4 PE Curriculum Map (Year A/B)

Commencing: September 2025

Assessment and Progress						
Assessment in PE is mainly formative and based on observation of pupils’ participation, skill development and teamwork. Progress is demonstrated through improved physical competence, confidence, and the ability to apply skills and rules across a range of activities. Evidence of learning is gathered through teacher observation, pupil reflection and performance over time.						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A	Health & Fitness	Football	Tennis	Dodgeball	Cricket	Outdoor Adventure
Year B	Health & Fitness	Football	Tennis	Dodgeball	Cricket	Outdoor Adventure