

Year Group: KS3 (Year B)

Term: Summer 2

PE: Outdoor Adventure

Key Concepts	SMSC & British Values	Lesson Objectives	Key Vocabulary
<p>Teamwork and collaboration in outdoor settings Trust and communication for problem-solving Tactics and strategies in unfamiliar environments Leadership and personal responsibility Physical and intellectual challenge Performance analysis and self-improvement Health, fitness, and resilience Fairness, respect, and inclusion</p> <p>Prior Knowledge</p> <p>Basic understanding of physical activity and PE principles Experience of working in teams or pairs in PE lessons Awareness of safety and risk in physical activities Familiarity with simple tactics and strategies in games Previous exposure to problem-solving tasks (e.g., orienteering, group challenges) Understanding of personal best and self-evaluation</p> <p>Cross-Curricular Links</p> <p>Geography: Map reading, navigation, understanding local environment (Tameside area) Mathematics: Measurement, estimation, coordinates, angles Science: Physical fitness, body systems, environmental awareness PSHE: Mental health, resilience, teamwork, leadership English: Communication, reflection, performance analysis Art: Observation and sketching of natural environments</p>	<p>Assessment</p> <p>Formative: Observation of teamwork, communication, and problem-solving Peer and self-assessment: Reflection on performance, leadership, and improvement Summative: Evaluation of tactics, strategies, and skills in outdoor activities Progress tracking: Personal best achievement, improvement over time Inclusive assessment: Adapted tasks for SEND/SEMH students, focus on participation and progress</p> <p>Adaptations</p> <p>Adapted tasks and roles to suit SEND/SEMH needs Flexible grouping and peer support Visual aids, simplified instructions, and structured routines Use of familiar environments and gradual challenge progression Alternative communication methods (visual, verbal, non-verbal) Emphasis on positive reinforcement, self-esteem, and emotional regulation</p>	<ol style="list-style-type: none"> 1. Work well with others and build trust during outdoor activities. 2. Communicate clearly to help solve team challenges in the local area. 3. Take responsibility, show leadership, and stay safe in outdoor environments. 4. Think about what went well and what could be improved in individual and team performance. 5. Take part in different outdoor activities and include everyone in the group. 6. Reflect on personal progress, fitness, and confidence through outdoor adventure activities. <p>Links to Future Learning</p> <p>Advanced outdoor adventure activities (John Muir, Duke of Edinburgh) Leadership and coaching roles in sport and physical activity Participation in community sports clubs and local events Further development of problem-solving skills</p>	<p>Teamwork Trust Communication Tactics Strategy Leadership Problem-solving Risk assessment Inclusion Personal best Resilience Fairness Respect Adaptation Navigation Challenge Community links</p>

Possible Enrichment:

Orienteering events in the Local area
Visits to local outdoor activity centres (e.g., climbing, canoeing, hiking)
Involvement in school outdoor adventure days or residential trips