

<b>Year Group: KS4 (Year A)</b>	<b>Term: Summer 2</b>
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**PE: Outdoor Adventure**

<b>Key Concepts</b>	<b>SMSC &amp; British Values</b>	<b>Lesson Objectives</b>	<b>Key Vocabulary</b>
<p>Teamwork and collaboration in outdoor settings Trust and communication for problem-solving Tactics and strategies in unfamiliar environments Leadership and personal responsibility Physical and intellectual challenge Performance analysis and self-improvement Health, fitness, and resilience Fairness, respect, and inclusion</p> <p><b>Prior Knowledge</b></p> <p>Basic understanding of physical activity and PE principles Experience of working in teams or pairs in PE lessons Awareness of safety and risk in physical activities Familiarity with simple tactics and strategies in games Previous exposure to problem-solving tasks (e.g., orienteering, group challenges) Understanding of personal best and self-evaluation</p> <p><b>Cross-Curricular Links</b></p> <p>Geography: Map reading, navigation, understanding local environment (Tameside area) Mathematics: Measurement, estimation, coordinates, angles Science: Physical fitness, body systems, environmental awareness PSHE: Mental health, resilience, teamwork, leadership English: Communication, reflection, performance analysis Art: Observation and sketching of natural environments</p>	<p><b>Social:</b> Cooperation, teamwork, inclusion, empathy <b>Moral:</b> Fair play, respect, responsibility, ethical decision-making <b>Spiritual:</b> Appreciation of nature, self-reflection, personal growth <b>Cultural:</b> Local area knowledge, community links, diversity <b>British Values:</b> Democracy (group decision-making), rule of law (safety rules), individual liberty (personal best), mutual respect and tolerance (inclusive participation)</p> <p><b>Assessment</b></p> <p>Formative: Observation of teamwork, communication, and problem-solving Peer and self-assessment: Reflection on performance, leadership, and improvement Summative: Evaluation of tactics, strategies, and skills in outdoor activities Progress tracking: Personal best achievement, improvement over time Inclusive assessment: Adapted tasks for SEND/SEMH students, focus on participation and progress</p> <p><b>Adaptations</b></p> <p>Adapted tasks and roles to suit SEND/SEMH needs Flexible grouping and peer support Visual aids, simplified instructions, and structured routines Use of familiar environments and gradual challenge progression Alternative communication methods (visual, verbal, non-verbal) Emphasis on positive reinforcement, self-esteem, and emotional regulation</p>	<ol style="list-style-type: none"> <li>Understand the principles of teamwork and trust in outdoor adventure activities, focusing on inclusive participation.</li> <li>Apply basic tactics and strategies to solve group challenges in the Tameside area, demonstrating effective communication.</li> <li>Develop leadership skills and personal responsibility in unfamiliar environments, with emphasis on safe practice and risk assessment.</li> <li>Analyse individual and group performance, identifying areas for improvement and achieving personal best.</li> <li>Demonstrate competence in a range of outdoor and adventurous activities, adapting tactics and strategies for SEND/SEMH inclusion.</li> <li>Evaluate progress and performance, reflecting on health, fitness, and character development through outdoor adventure.</li> </ol> <p><b>Links to Future Learning</b></p> <p>Advanced outdoor adventure activities (Duke of Edinburgh) Leadership and coaching roles in sport and physical activity Participation in community sports clubs and local events Further development of problem-solving skills</p>	<p>Teamwork Trust Communication Tactics Strategy Leadership Problem-solving Risk assessment Inclusion Personal best Performance Analysis Resilience Fairness Respect Adaptation Navigation Challenge Community links</p>

<p><b>Possible Enrichment:</b></p> <p>Orienteering events in the Tameside area</p> <p>Visits to local outdoor activity centres (e.g., climbing, canoeing, hiking)</p> <p>Involvement in school outdoor adventure days or residential trips</p>
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